



Weekly WIC Newsletter

December 26, 2016

State Office

The state office will be closed Monday, January 2nd, in observance of the New Year's Holiday.

WIC Work Group Meeting

Our next WIC Work Group meeting will be held January 10th from approximately 10:00 am to January 11th at approximately 2:00 pm. It will be at the Holiday Inn in downtown Helena and is open to observers. While the agenda is still being drafted, we anticipate talking about program communication (full assessment), outreach and participation data/plans, and continued review of food list/packet design.

If you plan to attend as an observer, please RSVP to [Kate](#) no later than January 4th so that we can plan for food and seating. While meals during the meeting will be covered, your travel expenses as an observer will need to come from your local agency budget.

Infrastructure Grant Payment of Select Training

Remember if you are planning to attend the Certified Lactation Counselor Training and/or the Breastfeeding Learning Collaborative and have not already done so; send an email to Chris for your request. Send a separate email for each individual to cfogelman@mt.gov. After January 11th, we will be making decisions on who will be covered by the infrastructure grant funds for both of those trainings.

WIC Training

The next WIC training will be held January 5th at 9AM. The topic is "*Motivational Interviewing and Goal Setting*." This will be a recording and posted online for people who cannot attend. If you have questions regarding this training, please contact [Lacy Little](#).

Time Study Reminder for January

January is fast approaching, which means another time study month. Please remember to record all of your WIC related activities starting January 1st. The final deadline is February 5th. Thanks!

One Call Now Check-in

It is important to acknowledge that the weather is changing and you may need to start using the One Call Now messaging service to alert participants of clinic closures. This is a reminder to login to the service at [Opt Out - One Call Now](#) to make sure all of your login information is correct (Group ID and PIN). The service will prompt you to change your PIN number upon first logging in. If you're unable to remember your login information or cannot login, please contact Alex @ along@mt.gov for updated login information.

Updated Retailer Lists

This is a reminder for all Local Agencies to ensure that their current vendor lists are posted and current in clinic. Please refer to the link below for the spreadsheet with the most current list of vendors in your area, under [Local Agency Retailers by County](#). It is encouraged to copy your pertaining section into a new document and print. Please contact Alex @ the state office with any questions/concerns at 444-4746 or along@mt.gov. Thanks!

Just for Fun

The Johns Hopkins Bloomberg School of Public Health has compiled [pictures of 100 objects](#) that have had major impacts on the field of public health. The objects include the seemingly mundane, like the sliced loaf of bread, the obvious, like condoms and airbags, and the obscure, like the horseshoe crab. Some had a positive impact and others had a negative impact.

WIC and breastpumps made the list for their positive impacts, along with a number of other items that are peripheral to WIC such as refrigerators, car seats and vaccines.

Weekly Risk Code Highlight

[Risk Code 301](#), Hyperemesis Gravidarum is defined as severe nausea and vomiting to the extent that the pregnant woman becomes dehydrated and acidotic.

Presence of condition diagnosed, documented, or reported by a physician or someone working under a physician's orders, or as self-reported by applicant/participant/caregiver.

This institution is an equal opportunity provider.

Help us keep the distribution list updated - send e-mail address changes, additions and deletions to the WIC State Office at 1-800-433-4298.

